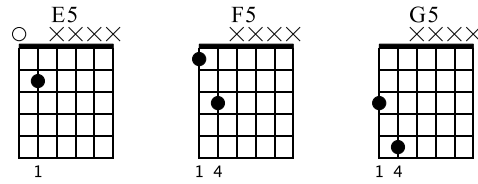


Metal rhythm exercises #1

Use down picking throughout and pay attention to palm muted and open chord/notes
Play each example to a metronome for 2 minutes each before increasing the tempo



Standard tuning

♩ = 120

Ex.1

E5

E-Gt

Ex.2

E5

E5

Ex.3

5 E5 E5

T
A
B 0 0 0 0

6 E5 E5

T
A
B 0 0 0 0

7 F5 F5

T
A
B 1 1 1 1

8 F5 F5 G5

T
A
B 1 1 1 5